



SEVEN PERSONS SCHOOL

WOLFPACK

Seven Persons School

24 3 Ave

Seven Persons, AB

T0K 1Z0

403-832-3732

SPSSecretary@prrd8.ca

Catherine Usher

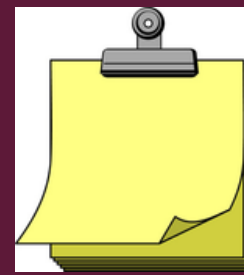
Principal

catherineusher@prrd8.ca

Kristine Vizza

Vice-Principal

kristinevizza@prrd8.ca



**Principal Notes:
Dear Seven Persons Families and Community,**

Welcome Back!

We hope you enjoyed a wonderful summer.

The Importance of Reading

As teachers, we often encourage students to spend time reading outside of school, and we understand it can sometimes feel like “one more thing” to fit into an already busy day. The reason we place so much value on reading is because research shows a powerful connection between regular reading and a child’s overall success in school.

Reading strengthens not only vocabulary and comprehension but also confidence, imagination, and critical thinking.

The good news is that it doesn’t take hours of extra work—just 15–20 minutes of reading each day makes a significant difference. When families and schools work together to build this daily habit, students thrive. By partnering with you, we can help your child discover the joy of reading while also giving them the tools they need to succeed both now and in the future.

Grade 4-9 Digital Report Cards

This year, report cards for students in Grades 4–9 will be available online through PowerSchool instead of being sent home on paper. The great thing about PowerSchool is that you don’t have to wait until report card time—you can check in almost anytime to see your child’s progress and if any assignments are missing. This gives families a great opportunity to stay connected to their child’s learning and celebrate growth along the way.

The only time PowerSchool isn’t accessible is right before report cards go out, when teachers are busy entering final marks for the term.

If you need help setting yourself up or understanding the beast of PowerSchool, please contact Mrs. Hanson in the office - 403-832-3732.

**Until next month,
Catherine Usher, Principal
Seven Persons School**

WHO IS OUR
STUDENT WELLNESS
COUNSELLOR?

My name is Teresa Kleinknecht, and I'm pleased to continue as the Student Wellness Counsellor, previously known as the Family School Liaison Worker at Seven Persons School. I am in the community each week on Monday, Wednesday, and Friday.

My main role is to provide confidential, individual counselling to any student and/or their families that need support. Additionally, I provide targeted small group sessions as needed. I help to strengthen the development of a student's educational, social, emotional and behavioral experiences, and assist families in accessing information about outreach and resources available.

You can make an appointment in the following ways:

1. A referral can come through parents, staff members, or the student themselves 2. Contact by email (Preferred)

teresakleinknecht@prrd8.ca

3. Contact by phone @403-594-2778 during school hours

Let's work together to make this school year a healthy, positive, and successful one!



Are you a proud parent with a new baby?
Will your baby be 2 – 4 months old in October?

You and your baby can make a lasting
difference in children's lives in your community!



The charity Roots of Empathy provides an award-winning program for elementary school children that independent research shows increases empathy, reduces aggression and bullying, and increases caring, kindness and inclusiveness.

"Change the world, child by child" by becoming a Volunteer Family

The Program is centred around you and your baby's loving relationship, with a Roots of Empathy Instructor guiding a discussion with children, encouraging them to read your baby's emotional cues and take your baby's perspective. Your baby is the "Tiny Teacher". The children learn to identify and name your baby's feelings, reflect on and understand their own feelings, then bridge to understand the feelings of others. The development of emotional literacy helps children understand how their behaviour or words can hurt others, and enables children to make friends and build positive relationships.



I would strongly recommend this program for your baby and for your community. What a way to make a difference for students by bringing the pure joy of a baby into their world.

Volunteer Roots of Empathy Parent

What's involved in being a Roots of Empathy Family:

- Nine times over the school year, you and your baby will visit a classroom with the Roots of Empathy Instructor and join the children around the "Green Blanket".
- You will help the children learn all about your baby and in turn they will learn about themselves, their feelings, and their temperament traits.
- The children will celebrate your baby's milestones such as rolling over, clapping, sitting and more, which are captured in a photo book for you and your baby. The children show their love of the baby at the end of the program with wishes for the baby's future.
- For more information on what is involved and to apply, please see below

***Babies must be between 2 and 4 months old in October**



CONTACT:

Cheryl Ashworth, Southern Alberta Coordinator

cashworth@rootsofempathy.org

FOR MORE INFORMATION AND TO APPLY :

OR VISIT:

<https://rootsofempathy.org/family/>

We are collecting dried markers and pens. We are working together with I. F. Cox to collect as many old writing tools as possible. We will weigh our collection each month and see how many pounds we can collect by the end of the year. Please bring any to Mrs. Duchscherer's room!

We collect:

- pens
- mechanical pencils
- sharpies
- whiteboard markers
- markers
- highlighters

They are recycled into benches, flower pots and picnic tables.

Thank you for helping us to reduce, reuse and recycle!



September News

from PARENT COUNCIL & PARENT ASSOCIATION

Upcoming dates:

Parent Council Meeting
October 8th, 2025 at 6:30pm
Come on out to have a say and stay in the loop!

Still Needed:
Secretary (PA and PC)

Parent Council Hot Lunch
October 31, 2025
Needed:
Hot Lunch Chair - all set-up!

Toonie Treat Dates:
Starts in October!
Needed:
Fundraising Coordinator

Check out June Parent Council Minutes
Copy and Paste the Link:
<https://sevenpersons.myprps.com/folder/4f215d94-920a-4eb8-8ff0-38f1cd8cb51c>

Odds, Ends & Info :

Special Parent Thank You's to:

- Myrna Bushell, Gr. 8 Parents and Students in June for putting on a fantastic Gr. 9 Farewell Supper!

Volunteers for Events:

- Here is the link to sign up for our annual events!
We want to grow the committees from last year to help make the events more sustainable! Please copy and past the link below to sign up:
<https://docs.google.com/document/d/1p4EgBqj04hizkhi5QlrTuh31MUjcABTDNJXTOpLp20/edit?usp=sharing>

Community School Events
Seven Persons School Dance - October TBD!

Special Teacher Thank You's to:

- Mrs. Starner for ALL her efforts to help make the Grade 9 Grad fantastic along with SPS Staff!
- Mrs. Dola and Mrs. Sameshima for attending the Parent Council meeting!
- All staff for the excellent Back-to-School BBQ!

Stay in touch :

Find us on Facebook at SEVEN PERSONS SCHOOL COUNCIL

To volunteer, add items to the agenda or be added to Parent Council What's Ap, email: daniellepluth@advanceot.ca



Parent Council Volunteer Sign up Sheet 2025/2026

The Parent Council hosts a number of events/ activities throughout the year. Here is a list of some we plan to host this year! Please join a committee(s) for any events you may be available to help with. If you have other ideas for these events or another type of event, please feel free to bring them forward!

If you were on a committee last year, we are hoping you will consider staying on this year too! This way, as we get new volunteers joining, the committees will grow and become sustainable so the events keep running even if parents have to move on!

Event Descriptions:

Family Dance- This event is in October (Nov 1st this year) and possibly February. We have a DJ come in and we have a snack bar with glow sticks available.

Bingo - This event is in November. We sell Bingo cards, have a Bingo caller and give away fun prizes. A snack bar is available.

Kids Holiday Market- This is one of the most fun events of the year in December!! Everyone sends gently used items from their household and we set it all out in the gym. Every item is \$1 and kids bring money to buy gifts for their family. We then have LOTS of elf helpers to help kids shop, pay and wrap gifts!

Community Christmas - Every other year, in December, the Parent Council hosts an event for the whole school. Usually there are carols sung and activities/snacks enjoyed! **Not this year!**

Family Movie Night- This event is in January. We play a family movie in the gym and families bring pillows and blankets and can wear their pjs to watch the movie. We have a snack bar.

SPS Staff Appreciation- This event is in March. It has taken many forms but the main goal is to make the staff of the school feel appreciated. We have done lunches, snack bars, coffee bars...

Bus Driver Appreciation- This event is in April and has had many variations as well. Often it happens right after drop off in the morning, and we provide breakfast for the bus drivers or right before pick up and share a treat with them. Often the kids will make something in their classes to give to the bus drivers so each class will get a chance to show their appreciation.

Track and Field Concession- This event is in May. Want to feed all our sweaty kids on track day!? We run a concession. We need helpers to organize all food to be there that day and organize volunteers to deliver hot lunch and concession workers.

When you join a committee, what is next?

- One month prior to the event, our Event Coordinators Ashleigh Murray and Kelsey Hubrich will send out an email to connect the people who have signed up for the committee.
- They will include a handout of steps to take. Some steps are behind the scenes and some are the day of.
- Those who have signed up can then either meet or through email, divide up the tasks. The more people who sign up, the less there is to do for everyone! We need a minimum of 3 committee members per event.



- The Event Coordinators will assist with marketing for more volunteers as needed once the committee decides what they need. They will also be available through email for guidance.

Parent Council Volunteer Sign up Sheet 2025/2026

Please fill out and return to your child's teacher!

Event	Month	I want to join this committee: (1st and last name):	Email address:
Chili Cookoff	Sept		
Famy Dance	October/ Feb		
Bingo	November		
Kids Holiday Market	December		
Community Christmas	December		
Movie Night	January		
SPS Staff Appreciation	March		
Bus Driver Appreciation	April		
Track and Field Concession	May		

Additional ideas or feedback that you may have:



SEPT. 29TH ORANGE SHIRT Day



In honour of residential school victims we invite everyone to wear an orange shirt on **September 29th**. We invite students to commemorate survivors by participating in centres and activities throughout the day, please bring rocks the size of a palm to paint and sticks, no longer than an adults forearm.



Housekeeping items:

- *If your student is away, please make sure you call or email (crystalhanson@prrd8.ca) and excuse them.
- *If your student is not on the bus, please text your bus driver
- *Check your School Cash Online for Hot Lunches and Fees

Reminder

The best time to start
your success journey is
right now.

SPS Athletics

Important reminders:
Hall practices: 3:15 - 4:45pm

September 2025

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1	2	3 Volleyball Girls Tryouts 3:15-4:30pm Boys Tryouts 4:45-6pm	4 Volleyball Boys Tryouts 4:45-6pm Girls Tryouts 3:15-4:30pm	5 Volleyball final rosters posted	6
7	8 A and B girls practice 3:15-4:45pm	9 A and B boys practice 3:15-4:45pm	10 A and B girls practice 3:15-4:45pm	11 A and B boys practice 3:15-4:45pm	12	13
14	15 A boys host Hall: B girls	16 B boys host Hall: A girls	17 B girls host Hall: A girls	18 A/B boys practice 3:15 - 4:30	19 B boys tourney @ Schuler A girls tourney @ W Meyers	20 B girls @ Schuler
21	22 B girls/B boys practice 3:15 - 4:45	23 A girls/A boys practice 3:15 - 4:30pm B girls practice 4:45 - 6 pm	24 A girls/B girls 3:15 - 4:45pm Grade 6 practice 4:45 - 6pm	25 A girls Host Hall: A boys	26 B boys home tourney A/B girls @ MHHS	27 A boys Home tourney A/B girls @ MHHS
28	29 B girls/B boys practice 3:15 - 4:45	30 A girls/A boys practice 3:15 - 4:30pm B girls practice 4:45 - 6 pm				

SPS

Important reminders:

September 2025

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1	2	3	4	5 Kindergarten First Day	6
7	8 Explore and Learn Kindergarten Starts	9 Jr Kindergarten First Day	10	11	12	13
14	15 Hot lunch order for October opens	16 PHOTO DAY	17	18 Parent Council Lunch Order Close	19 Terry Fox Run	20
21	22	23	24	25	26 Pep Rally 12:30 B Boys Volleyball 2:30 Parent Council Hot Lunch Sausage and Perogies	27
28	29 Orange Shirt Day Hot lunch order for October Closes	30 No School				